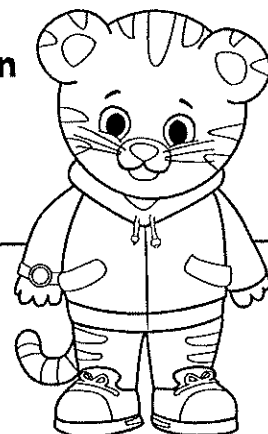




# My Back-to-School Checklist

- ☐ I know my school bedtime and how to get myself ready for bed.
- ☐ I practiced my morning routine 3 times: clothes on, eat breakfast, brush teeth, put on shoes – then off to school!
- ☐ I know how I am getting to school and back home each day.
- ☐ I have a special place at home to keep my backpack and supplies.
- ☐ I have practiced packing and putting on my backpack.
- ☐ I know my teachers' names.
- ☐ I know how to be a germ-buster! I wash my hands with soap and water, stay home when I'm feeling sick and put on a mask when I need to.
- ☐ I have created a weekly schedule with a grown-up in my family that includes time for play when I finish school!



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